



## **BARTH CLINIC**

### **CONFIDENTIALITY OF ALCOHOL AND DRUG ABUSE PATIENT INFORMATION**

Information regarding your health care, including payment for health care, is protected by two federal laws: the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 42 U.S.C. § 1320d *et seq.*, 45 C.F.R. Parts 160 & 164, and the Confidentiality Law, 42 U.S.C § 290dd-2, 42 C.F.R.

Part 2. Under these laws, Barth Clinic may not say to a person outside Barth Clinic that you attend the program, nor may Barth Clinic disclose any information identifying you as an alcohol or drug abuser, or disclose any other protected information except as permitted by federal law.

Barth Clinic must obtain your written consent before it can disclose information about you for payment purposes. For example, Barth Clinic must obtain your written consent before it can disclose information to you health insurer in order to be paid for services. Generally, you must also sign a written consent before Barth Clinic can share information for treatment purposes or for health care operations. However, federal law permits Barth Clinic to disclose information *without* your written permission:

- (1) Pursuant to an agreement with a qualified service organization/business associate;
- (2) For research, audit or evaluations;
- (3) To report a crime committed on Barth Clinic's premises or against Barth Clinic personnel;
- (4) To medical personnel in a medical emergency;
- (5) To appropriate authorities to report suspected child abuse or neglect;
- (6) As allowed by court order.

For example Barth Clinic can disclose information without your consent to obtain legal or financial services, or to another medical facility to provide health care to you, as long as there is a qualified service organization / business associate agreement in place.

Before Barth Clinic can use or disclose any information about your health in a manner which is not described above, it must first obtain your specific written consent allowing it to make the disclosure. Any such written consent may be revoked by you in writing.

#### **Your Rights**

Under HIPAA you have the right to request restrictions on certain uses and disclosures of your health information. Barth Clinic is not required to agree to any restrictions you request, but if it does agree that it is bound by that agreement and may not use or disclose any information which you have restricted except as necessary in a medical emergency.

You have the right to request that we communicate with you by alternative means or at an alternative location. Barth Clinic will accommodate such requests that are reasonable and will not request an explanation from you. Under HIPAA you also have the right to inspect and copy you own health information maintained at Barth Clinic, except to the extent that the information contains psychotherapy notes or information compiled for use in a civil, or administrative proceeding or in other limited circumstances.

Under HIPAA you also have the right, with some exceptions, to amend health care information maintained in Barth Clinic's records, and to request and receive an accounting of disclosures of your health related information made by Barth Clinic during the six years prior to your request. You also have the right to receive a paper copy of this notice.

#### **Barth Clinic's Duties**

Barth Clinic is required by law to maintain the privacy of your health care information and to provide you with a notice of its legal duties and privacy practices with respect to your health information. Barth Clinic is required by law to abide by the terms of this notice. Barth Clinic reserves the right to change the terms of this notice and to make new notice provisions effective for all protected health information it maintains.

#### **Complaints and Reporting Violations**

You may complain to Barth Clinic and the Secretary of the United States Department of Health and Human Services if you believe that your privacy rights have been violated under HIPAA. You will not be retaliated against for filing such a complaint.

Violation of the Confidentiality Law by a program is a crime. Suspected violations of the Confidentiality Law may be reported to the United States Attorney in the district where the violation occurs.

**ALCOHOL AND OTHER DRUG INFORMATION SCHOOL**

**Barth Clinic**

**RULES AND CONSEQUENCES**

1. PARTICIPANT IS EXPECTED TO COMPLETE THE ENTIRE SESSION.

To successfully complete a session, one must:

- Be on time.
- Return from breaks on time.
- Stay the entire session.
- Cooperate with the instructor's directions.

**Consequence if not done: Must repeat the entire session.**

2. PARTICIPANT WILL **NOT** USE ALCOHOL OR OTHER DRUGS ON SESSION DAYS.

**Consequence if not done: Must leave. Use will be reported to Department of Licensing/Court/ Original Assessor. Referred to original assessor for review of initial assessment and potential revision of assessment recommendations.**

3. PARTICIPANT MUST HAVE A SUCCESSFUL UNDERSTANDING OF THE INFORMATION AND A POSITIVE GRADE ON THE "POST-TEST LEARNING EVALUATION."

**Consequences if not accomplished: Failure to do so will result in the need to REPEAT THE ENTIRE SESSION.**

**I HAVE READ AND UNDERSTAND THE ABOVE RULES AND CONSEQUENCES.**

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Authorized Program Representative

\_\_\_\_\_  
Date

# PRE-TEST • WASHINGTON ADIS

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Name: \_\_\_\_\_ Date: \_\_\_\_\_ Location: \_\_\_\_\_

Questions 1-15 relate to facts about alcohol, other drugs and driving. Please mark only one answer per row. Place a dark mark that covers the box completely.

1. Which will sober you up?
  - Black coffee
  - Eating a full meal
  - Time
  - Exercise
  - All of the above
2. Which part of the driving task is affected by alcohol consumption?
  - Vision
  - Judgment
  - Reflexes
  - All of the above
  - Only vision and reflexes
3. Which of the following has the highest alcohol content?
  - A 12-oz bottle of beer (5% alcohol)
  - A 5-oz glass of wine (12% alcohol)
  - A 1.5-oz shot of liquor (40% alcohol)
  - A 12-oz wine cooler (5% alcohol)
  - They all have about the same alcohol content
4. Approximately what percentage of the U.S. population does not drink alcohol?
  - Three-quarters
  - One-half
  - One-third
  - One-quarter
  - One-tenth
5. Which of the following best describes the action of alcohol on the body?
  - Depressant
  - Stimulant
  - Both stimulant and depressant
  - Neither stimulant nor depressant
  - Hallucinogen
6. A person's response to alcohol or another drug may be affected by:
  - Physical factors (such as weight)
  - Mood and emotions
  - Tolerance
  - Expectations about a drug's effects
  - All of the above
7. If three different people drink the exact same amount of alcohol, they will:
  - Feel approximately the same
  - Have the same BAC
  - Be able to drive about the same
  - All of the above
  - It's impossible to predict because everyone responds differently
8. Which of the following is not one of the seven steps of effective decision-making?
  - Gather information
  - Trust your instincts at the moment
  - Brainstorm alternatives
  - Identify and define the problem
  - Consider how your culture influences your thinking and decisions
9. Which of the following can be signs of problem use of alcohol or other drugs:
  - Requiring more of the drug to achieve the desired effect
  - Trying to reduce or stop using and failing to do so
  - Spending a lot of time obtaining, using or getting over the effects
  - Continuing to use despite the problems alcohol/drugs are causing
  - All of the above
10. If a person goes to bed at 2:00 am with a BAC of .18, approximately what time will his/her BAC return to 0?
  - 8 am
  - 10 am
  - Noon
  - 2 pm
  - It depends on his or her tolerance
11. If a person refuses to take a chemical test (breath, blood, urine) to measure BAC, he/she:
  - Can take multiple tests at a later time
  - Will only have to pay a fine
  - Faces a shorter license revocation than a standard DUI
  - Cannot be convicted of a DUI
  - May receive enhanced penalties
12. Marijuana use affects the following parts of the body:
  - Heart
  - Lungs
  - Brain
  - Immune system
  - All the above

## PRE-TEST • WASHINGTON ADIS

13. Washington law enforcement uses some of the following tools and testing to determine impairment from marijuana use:

- Field sobriety testing
- Driving behavior
- Drug Recognition Experts
- All of the above
- None of the above

14. The effects of using marijuana can impact the driving task:

- Up to 6 hours after use
- Up to 12 hours after use
- Up to 24 hours after use
- Up to 48 hours after use
- Up to 72 hours after use

15. The synergistic effects (the combined effects) of drug use refers to:

- A bad trip
- A person's ability to think more clearly
- The ability of one drug to cancel out the impact of the other
- One drug having no influence on another drug
- The multiplied effects that result when two drugs are taken together

Questions 16-25 relate to drinking and driving attitudes and behavior. People feel differently, so there are no "right" or "wrong" answers.

16. If I have just one or two drinks, my driving could be affected.

- Strongly disagree
- Disagree
- I don't agree or disagree
- Agree
- Strongly agree

17. I would not feel safe riding with a driver who has consumed six drinks in two hours.

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19. I need to change some of my alcohol or other drug use patterns.

- Strongly disagree
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20. I have confidence in my plan to avoid future problems with alcohol or other drugs.

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21. I am less likely to misuse alcohol or other drugs as a result of my arrest experience.

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23. I think coming to this class is a good opportunity to learn important information and plan ahead.

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24. My arrest was nobody's fault but my own.

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25. Changing my behavior involves more than simply promising myself "I'll change."

- Strongly disagree
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**POST-TEST • WASHINGTON ADIS**Affix preprinted  
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# COURSE EVALUATION • WASHINGTON ADIS

Your input will help us to improve this course.  
Answer the questions as honestly and completely  
as possible. Please mark only one answer per row.  
Place a dark mark that covers the box completely.

Date: \_\_\_\_\_

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1. **Your gender**
  - Male
  - Female
2. **Your age**
  - 15-19
  - 20-29
  - 30-39
  - 40-49
  - 50-59
  - 60+
3. **Your ethnicity**
  - African American
  - American Indian
  - Asian/Pacific Islander
  - Hispanic/Latino
  - White/Caucasian
  - Other
4. **Overall, how would you rate this course?**
  - Excellent
  - Good
  - Average
  - Poor
5. **How useful was the Participant Journal in helping you meet your goals for the course?**
  - Very useful
  - Useful
  - Not useful
6. **Did the questions in your Participant Journal help you to think differently about your high-risk behaviors?**
  - Definitely
  - A little
  - Not at all
7. **Will this course help you make more informed decisions about substance use?**
  - Definitely
  - Maybe
  - Not at all
8. **How useful were the class discussions in helping you meet your goals for the course?**
  - Very useful
  - Useful
  - Not useful
9. **How useful were the small group activities in helping you meet your goals for the course?**
  - Very useful
  - Useful
  - Not useful
10. **How would you rate your instructor in the area of being prepared?**
  - Excellent
  - Good
  - Average
  - Poor
11. **How would you rate your instructor in the area of making participants feel comfortable?**
  - Excellent
  - Good
  - Average
  - Poor
12. **How would you rate your instructor in the area of involving everyone in discussion?**
  - Excellent
  - Good
  - Average
  - Poor
13. **How would you rate your instructor in the area of explaining the material clearly?**
  - Excellent
  - Good
  - Average
  - Poor
14. **How would you rate your instructor in terms of overall quality?**
  - Excellent
  - Good
  - Average
  - Poor
15. **How valuable was the course material in helping you change your behavior?**
  - Very valuable
  - Valuable
  - Not at all valuable
16. **How much did you learn from the course?**
  - I learned a lot
  - I learned a little bit
  - I learned nothing
17. **How useful do you think the course information will be to you in the future?**
  - Very useful
  - Somewhat useful
  - Not at all useful
18. **Will you share your Participant Journal with anyone outside the class?**
  - I will
  - I may
  - I will not
19. **Will you keep your Participant Journal after the course ends?**
  - Yes
  - No
20. **Do you feel this program helped you make a change in your behavior?**
  - Yes
  - No